"I broke my ankle playing baseball and, for the first time in my life, began taking prescription opioid painkillers."

Rodrigo Garcia, APN-BC, MSN, CRNA, MBA
CEO of Parkdale Center for Professionals and Parkdale Solutions

"I injured my ankle playing baseball, and for the first time in my life, began taking prescription opioid painkillers."

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Injury
Injured providers may be vulnerable to substance use disorder

Opioid misuse
Readily available opioids can be misused to ‘relieve’ both pain and stress

Substance use disorder
Providers suffering from substance use disorder become increasingly dependent on the drugs

Relief
Suspected diverters often express relief when caught and can seek treatment

Primary Stress Drivers in Hospitals
- Short staffing: 74%
- Emotional demands: 67%
- Long hours: 60%
- Patient volume: 60%

The Diversion Disconnect
- Perceived problem in U.S. hospitals: 85%
- Perceived problem in their hospitals: 20%

"The source of the problem is pain – physical, mental, emotional. And then it becomes unhealthy coping with the pain."

Carol Mallia, RN, MSN
Associate Director, Division of Nursing, Massachusetts Nurses Association

"We have to look at them individually and try to link and trend across locations and transactions within the entire health system."

Katelyn Hipwell, PharmD, MPH
Pharmacy Clinical Operations Manager, University of Virginia Health System

Hospital Diversion Best Practices
- Formal training
- Comprehensive surveillance programs
- Roundtables and informal peer discussion
- Provide rehabilitation pathway
- More accurate data

New analysis shares perspectives from thought leaders and more than 650 health care executives and providers on hospital drug diversion and its causes, barriers and solutions.

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